

clean bedroom surfaces, clean out the fridge and

## Advanced Cleaning Calendar

<b>→ → →</b>	Cobwebs, reach high with a duster and remove these.	2 Skirting's, use a mixture of warm water and fabric conditioner clean shinny skirting's.	3 Lampshades, go over these with a link roller to remove all the dust.	4 Sofa freshen, Vacuum and spray with an antibacterial product.	5 Radiators, wipe over these with your favourite zoflora to keep your home smelling good.	6 Door handles, spray all of these with an antibacterial spray and buff with a microfiber cloth.	7 Tidy organise shoe cupboard.	
	Cutlery draw, vacuum this to get any loose crumbs and wipe over.	9 Washing machine Clean, add in a capful of white wine vinegar and run a hot wash.	Dishwasher clean, add in a mixture of white wine vinegar and lemon juice and run an empty cycle.	Don't forget your Vacuum needs attention too. Clean out and empty.	12 External doors and windows, wipe over with warm soapy water and dry with an old tea towel.	13 Internal Windows, choose a good window and glass cleaner and a microfiber cloth.	Fake flowers, vacuum these and spray with an antibacterial spray.	
	15 Window seals, vacuum and wipe over with an antibacterial spray.	Hand bags, empty them out of any rubbish. Give the inside a wipe and use a leather cleaner for the outside.	17 Don't forget to get outside and clean the car.	18 Tumble drier, empty any fluff and give it a wipe over.	19 Vacuum and steam curtains or spray with an antibacterial spray.	Hoover blinds or pop an old soak on your hand to remove the dust. Don't use water.	21 Replace tooth brushes monthly and clean out the holders.	
	22 Clean the external Kitchen cupboards and Handles.	23 Go around the house and clean all the light switches and plug sockets.	24 Descale kettle using a mixture of white wine vinegar and water.	25 Freshen rugs using a carpet powder or make your own using Bicarb.	26 Quick sort through of your makeup bag.	27 Kids plastic toys, soak in soapy water or run through the dishwasher.	28 Mattresses, vacuum and air. Use an upholstery cleaner for any stains.	
	29 Move furniture and clean under them.	30 Clean dinning chair legs, turn upside down.	31 Wash walls using a very gentle detergent.					
<b>\</b>	Extra Cleaning Tasks  (for when you have time)			Household notes				,
	Daily Task Clean the toilets, clean bathroom sinks, clean kitchen surfaces, vacuum, washing load if need and general tidy.  Twice weekly tasks Wash or steam floors, Change bathroom Towels and Mat, Clean Bathrooms, polishing, and ironing.							
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	Weekly Tasks Change bedding, clean internal windows,							۲,