

30 DAY

Spring Cleaning



CHALLENGE

1 Tackle all those cobwebs	2 Clean your front door & garage door. Sweep any leaves	3 Declutter and wipe down bathroom cabinets & drawers	4 Clean your vacuum cleaner	5 Sort through under-bed storage and vacuum	6 Wash/polish all internal door
7 Clean out first aid cupboard, stock check and replenish	8 Switch candles and diffusers from winter to spring scents	9 Dust & wipe down light fixtures, lamps and ceiling fans	10 Open windows and focus on cleaning window tracks	11 Clean appliances thoroughly, including sides and plugs	12 Deep clean fridge
13 Organise and clean handbags, purses and backpacks	14 Wash hats, gloves and scarves then store away until next winter	15 Clean and dry warm coats and store away until next winter	16 Wash out your dustbins and recycling bins	17 Remove dead leaves from plants and clean plant pots	18 Deep oven clean; hire a professional if needed.
19 Clean out and vacuum under furniture	20 Wash gardening gloves and outdoor shoes	21 Sort through and organise stored shopping bags	22 Sort through cosmetics and wash make-up and hair brushes	23 Wipe down skirting boards	24 Clean all drains in the house using bicarbonate of soda and white wine vinegar
25 Wash dressing gowns and slippers	26 Sort through drawers and chuck away anything not needed	27 Scrub grout on bathroom and kitchen tiles	28 Deep clean pet areas—wash bedding, vacuum hair	29 Sort through and store away winter shoes and boots. Bring out summer shoes	30 Switch clothes from winter to spring and use vax pack bags for storage

For more ...

TIPS

ADVICE

REVIEWS

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