



YOUR HOME IS LIVING SPACE NOT CLUTTER SPACE



January Declutter

Lynsey Queen of Clean

DAY Kitchen WEEK 1

- 1 Clear out expired food from the fridge
- 2 Declutter one kitchen drawer
- 3 Organise your food cupboards – toss expired items
- 4 Tidy up kitchen worktops – remove non-essentials
- 5 Wipe down and declutter one shelf in a cabinet
- 6 Sort through mugs and glasses – keep only what you use
- 7 Check your junk drawer – ditch what you don't need

DAY Living Room & Entryway WEEK 2

- 8 Tidy up your coffee table – remove clutter
- 9 Declutter your TV stand – organise remotes and loose cords
- 10 Fold, wash and organise throw blankets or cushions
- 11 Clear the entryway – shoes, coats, bags, etc.
- 12 Declutter books or magazines – donate what you've read
- 13 Dust and tidy up surfaces like shelves or side tables
- 14 Under the sofa: Clean out the area beneath your couch. Toss any items that have slipped under, like stray toys, socks, or dust

DAY Bedroom & Closets WEEK 3

- 15 Clear out one drawer in your dresser
- 16 Declutter your nightstand—keep it minimal
- 17 Go through your wardrobe—donate items you haven't worn in a year
- 18 Organise shoes—keep only what you wear
- 19 Tidy up jewellery, accessories or belts
- 20 Declutter under the bed – sort through forgotten items
- 21 Freshen up linens—sort old towels or bedding to donate/recycle

DAY Bathroom, Office, & Miscellaneous WEEK 4

- 22 Toss expired products in the bathroom
- 23 Organise toiletries – group similar items together
- 24 Declutter one drawer or shelf in the bathroom
- 25 Counter tops, clear the clutter. Keep surfaces minimal with only daily essentials like a toothbrush and soap
- 26 Medicine cabinet – go through medications and first aid items. Dispose of expired meds properly
- 27 Sort through your office desk – clear paperwork or supplies
- 28 Tidy your email inbox – delete old emails or unsubscribe
- 29 Clear off a workspace—keep it functional
- 30 Tidy up your digital clutter—delete apps or organise files

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