



# 50 Things to Chuck Away

- ☐ Out-of-date newspapers, magazines and books you have read and won't read again
- ☐ Scraps of wrapping paper. DVD's that you won't watch again
- ☐ Old paperwork, but make sure you shred anything with personal details on
- ☐ Takeaway leaflets that you don't use
- ☐ Birthday cards, Christmas cards and broken children toys
- ☐ Burnt out candles and dried flowers that look tatty
- ☐ Diffuses that have lost their scent and chipped ornaments
- ☐ Plastic tubes that are discoloured
- ☐ Out-of-date tins and food
- ☐ Odd cutely and felt tips & pens that don't work
- ☐ Mugs and glasses that don't match sets
- ☐ Table mats that are peeling and look worn
- ☐ Recipe cards you don't use
- ☐ Holey tea towels, used batteries and broken light bulbs
- ☐ Empty jars and boxes
- ☐ Business cards, used note pads, old post it notes, used gift cards and old store cards
- ☐ Medication that has expired
- ☐ Bathroom products that have expired or that you just don't use
- ☐ Odd socks and earrings
- ☐ Computer discs and games consoles that no longer work or aren't used
- ☐ Broken or scratched sun glasses
- ☐ Underwear that has frayed or has holes
- ☐ Make up that you don't wear and worn out hair bobbles
- ☐ Old mobile phones and chargers, but make sure you wipe them first
- ☐ Battered make up brushes
- ☐ Bedding that no longer matches your colour scheme
- ☐ Worn out bath towels and mats Hair brushes with bristles missing
- ☐ Ink cartridges, family planners and calendars
- ☐ Clothes that don't fit anymore and belts that worn & close to breaking
- ☐ Battered handbags and purses

